

# Lecture Exam 1 Objectives

## **Performance Objectives**

Upon completion of this unit, the student should be able to achieve the following performance objectives:

Utilize a vocabulary containing the following terms:

acid	fatigue	ossification
acidosis	goblet cell	paralysis
alkalosis	hemolysis	pH
anatomy	hemopoiesis	physiology
aponeurosis	hypertrophy	posture
articulation	inorganic	regeneration
atrophy	insertion	sinus
base	lyse	stimulus
buffer	melanin	subcutaneous
crenation	organic	tendon
enzyme	origin	tone

**Upon completion of this unit, the student should be able to achieve the following performance objectives:**

### ***Chapter 1 / Major Themes of Anatomy and Physiology***

1. Define homeostasis, and by giving examples, explain its role in maintaining normal body function.

### ***Chapter 2 / Chemistry of Life***

2. Explain the structure of the atom, including the subatomic particles. Define isotope, ion, anion, cation and electrolytes.
3. Differentiate among elements, molecules and compounds.
4. Differentiate among ionic, polar covalent, nonpolar covalent and hydrogen bonds.
5. Describe the classes of macromolecules: carbohydrates, lipids, nucleic acids, and proteins.
6. Explain the properties of water.
7. Explain metabolism and relate it to examples of the following chemical reactions: anabolism, catabolism, dehydration synthesis, hydrolysis, and reversible.

### ***Chapter 3 / Cellular Form and Function***

8. Describe and give the function of the following organelles: plasma membrane, nucleus, chromatin, chromosome, nucleolus, mitochondria, endoplasmic reticulum, ribosome, Golgi body, lysosome, peroxisome, filament, microtubule, centriole, flagellum, cilia, and microvilli.

9. Describe the ways in which substances normally enter and leave cells using the following terms: active and passive transport, diffusion, facilitated diffusion, selectively permeable, osmosis, hypertonic, isotonic, hypotonic, equilibrium, filtration, exocytosis, endocytosis, phagocytosis, pinocytosis, and sodium/potassium pump.
10. Describe mitosis, and meiosis.
11. Describe protein synthesis as it involves DNA, RNA, and amino acids.

#### ***Chapter 4 / Histology***

12. List the four major categories of tissues and discuss the functions of each type.
13. Classify epithelial tissue types using both cell shape and number of cell layers; relate them to epithelial functions in the body.
14. Discuss glandular epithelium and compare endocrine and exocrine glands in terms of structure, method of secretion, and location in the body.
15. Compare bone and cartilage in terms of generalized function, cell types, organizational structure, and blood supply.
16. Identify the three specialized types of cartilage and give examples of each.
17. Compare and contrast three types of muscle tissue and describe body regions or structures where each type may be found.
18. Describe nervous tissue with regard to structure and function.
19. Describe the following membranes and give examples of each: mucous, serous, synovial and cutaneous.

#### ***Chapter 5 / Histology***

20. Discuss the generalized functions of the skin as an organ.
21. Describe the three cell types and five cell layers of the epidermis.
22. Describe the layers, structural components, and functions of the dermis.
23. Compare the structure and function of sudoriferous (sweat), sebaceous (oil), and ceruminous (wax) glands.

#### ***Chapter 6 / Bone Formation***

24. List the functions of the skeletal system.
25. Identify the major structures of a typical long bone.
26. Describe the microscopic structure of bone using the following: lamellae, lacunae, canaliculi, osteocyte, perforating canal, central canal, and osteon.
27. Compare compact bone with spongy cancellous bone as to location, and histology.
28. Compare and contrast the development of intramembranous and endochondral bone formation.
29. Describe the stages in fracture healing and general bone maintenance, using the following terms: osteoblast, osteoclast, calcium, calcification, phosphorus, callus, osteoporosis, and the vitamins A, C, and D.

#### ***Chapter 7 & 8 / The Axial and Appendicular Skeleton***

30. Describe the following regarding spinal column: cervical curvature, thoracic curvature, lumbar curvature and sacral curvature

Note: Information in C7 and C8 is covered in the Lab Exam.

### ***Chapter 9 / Joints***

31. List the types of arthroses (structural and functional) and give an example of each.
32. Discuss the structures that characterize diarthrotic joints and identify six types, based upon the relative strength and range of motion in each joint type.
33. Describe each of the following movements: flexion, extension, dorsiflexion, plantarflexion, supination, pronation, abduction, and adduction.

### ***Chapter 10 / The Muscle Tissue***

34. Explain the roles of agonists, antagonists, synergists, and fixation muscles in body movement.
35. Describe the structure, function, and importance of sarcomeres.
36. Describe the structural components of skeletal muscle tissue from the molecular to the organ level.
37. List, in the correct order, the steps in muscle contraction beginning with nervous stimulation of the muscle cell surface.
38. Identify the energy sources required for muscle contraction.
39. Identify the organic molecule which is the most immediate source of energy for chemical reactions.
40. Explain the production of lactic acid and oxygen debt.
41. Compare and contrast the following types of muscle contractions: twitch, isotonic, isometric, and tetanus.
42. List the names and functions of major chemical compounds found in muscle tissue.
43. Describe the events and significance of cellular respiration, separately describing glycolysis, the Krebs' cycle and the electron transport system (ETS).

### ***Chapter 11 / Muscular Tissue***

*Note: Information in C11 is covered in Lab Exam*