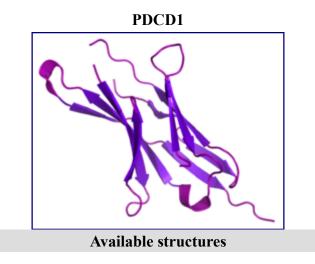
Programmed cell death protein 1

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Programmed cell death protein 1, also known as **PD-1** and **CD279** (<u>cluster of differentiation</u> 279), is a cell surface receptor that plays an important role in <u>down-regulating the immune system</u> and promoting self tolerance by suppressing T cell inflammatory activity. PD-1 is an immune checkpoint and guards against autoimmunity through a dual mechanism of promoting <u>apoptosis</u> (programmed cell death) in <u>antigen</u>-specific T-cells in <u>lymph nodes</u> while simultaneously reducing apoptosis in <u>regulatory</u> <u>T cells</u> (anti-inflammatory, suppressive T cells).[5][6]

Through these mechanisms, PD-1 inhibits the immune system. This prevents autoimmune diseases, but it can also prevent the immune system from killing cancer cells.

A new class of drugs that block PD-1, the **PD-1 inhibitors**, activate the immune system to attack tumors and are therefore used with varying success to treat some types of cancer.[7]

The PD-1 protein in humans is encoded by the *PDCD1* gene.[8][9] PD-1 is a cell surface receptor that belongs to the <u>immunoglobulin superfamily</u> and is expressed on <u>T cells</u> and pro-<u>B cells.[9]</u> PD-1 binds two <u>ligands</u>, <u>PD-L1</u> and <u>PD-L2</u>.

Structure

Programmed death 1 is a type I <u>membrane protein</u> of 268 <u>amino acids</u>. PD-1 is a member of the extended <u>CD28/CTLA-4</u> family of <u>T cell</u> regulators.[10] The protein's structure includes an extracellular IgV domain followed by a <u>transmembrane</u> region and an intracellular tail. The intracellular tail contains two <u>phosphorylation</u> sites located in an <u>immunoreceptor tyrosine-based</u> <u>inhibitory motif</u> and an immunoreceptor tyrosine-based switch motif, which suggests that PD-1 negatively regulates T-cell receptor <u>TCR</u> signals.[10][11] This is consistent with binding of <u>SHP-1</u> and <u>SHP-2</u> phosphatases to the cytoplasmic tail of PD-1 upon ligand binding. In addition, PD-1 ligation up-regulates E3-ubiquitin ligases <u>CBL-b</u> and c-CBL that trigger T cell receptor down-modulation.[12] PD-1 is expressed on the surface of activated T cells, <u>B cells</u>, and <u>macrophages,[13]</u> suggesting that compared to CTLA-4, PD-1 more broadly negatively regulates immune responses.

Ligands

PD-1 has two <u>ligands</u>, <u>PD-L1</u> and <u>PD-L2</u>, which are members of the <u>B7</u> family.[14][15] PD-L1 protein is upregulated on macrophages and <u>dendritic cells</u> (DC) in response to <u>LPS</u> and <u>GM-CSF</u> treatment, and on T cells and B cells upon TCR and B cell receptor signaling, whereas in resting mice, PD-L1 <u>mRNA</u> can be detected in the heart, lung, thymus, spleen, and kidney.[14][16] PD-L1 is expressed on almost all murine tumor cell lines, including PA1 myeloma, P815 mastocytoma, and B16 melanoma upon treatment with <u>IFN- γ .[17][18] PD-L2 expression is more restricted and is expressed mainly by DCs and a few tumor lines.[15]</u>

Function

Several lines of evidence suggest that PD-1 and its ligands negatively regulate immune responses. PD-1 knockout mice have been shown to develop lupus-like glomerulonephritis and dilated cardiomyopathy on the C57BL/6 and BALB/c backgrounds, respectively.[19][20] In vitro, treatment of anti-<u>CD3</u> stimulated T cells with PD-L1-Ig results in reduced T cell proliferation and IFN-γ secretion. [14] IFN-γ is a key pro-inflammatory cytokine that promotes T cell inflammatory activity. Reduced T cell proliferation was also correlated with attenuated IL-2 secretion and together, these data suggest that PD-1 negatively regulates T cell responses.[21]

Experiments using PD-L1 transfected DCs and PD-1 expressing transgenic (Tg) $\underline{CD4}^{\pm}$ and $\underline{CD8}^{\pm}$ T cells suggest that $CD8^{+}$ T cells are more susceptible to inhibition by PD-L1, although this could be dependent on the strength of TCR signaling. Consistent with a role in negatively regulating $CD8^{+}$ T cell responses, using an LCMV viral vector model of chronic infection, Rafi Ahmed's group showed that the PD-1-PD-L1 interaction inhibits activation, expansion and acquisition of effector functions of virus specific $CD8^{+}$ T cells, which can be reversed by blocking the PD-1-PD-L1 interaction.[22]

As CTLA-4 negatively regulates anti-tumor immune responses, the closely related molecule PD-1 has been independently explored as a target for <u>immunotherapy</u>. Expression of PD-L1 on tumor cells inhibits anti-tumor activity through engagement of PD-1 on effector T cells.[17][18] Expression of PD-L1 on tumors is correlated with reduced survival in esophageal, pancreatic and other types of cancers, highlighting this pathway as a target for immunotherapy.[23] Triggering PD-1, expressed on monocytes and up-regulated upon monocytes activation, by its ligand PD-L1 induces IL-10 production which inhibits CD4 T-cell function.[24]

In mice, expression of this gene is induced in the thymus when anti-<u>CD3</u> antibodies are injected and large numbers of <u>thymocytes</u> undergo <u>apoptosis</u>. Mice deficient for this gene bred on a BALB/c background developed <u>dilated cardiomyopathy</u> and died from <u>congestive heart failure</u>. These studies suggest that this gene product may also be important in <u>T cell</u> function and contribute to the prevention of <u>autoimmune diseases.[9]</u>

Overexpression of PD1 on CD8+ T cells is one of the indicators of <u>T-cell exhaustion</u> (eg in chronic infection or cancer).[25]

Clinical significance

Cancer

PD-L1, the ligand for PD1, is highly expressed in several cancers and hence the role of PD1 in cancer immune evasion is well established. [26][27] Monoclonal antibodies targeting PD-1 that boost the <u>immune system</u> are being developed for the treatment of <u>cancer. [28]</u> Many tumor cells express PD-L1,

an immunosuppressive PD-1 ligand; inhibition of the interaction between PD-1 and PD-L1 can enhance T-cell responses *in vitro* and mediate preclinical antitumor activity. This is known as <u>immune</u> <u>checkpoint blockade</u>.

Combination therapy using both anti-PD1 along with anti-<u>CTLA4</u> therapeutics have emerged as important tumor treatments within the field of <u>checkpoint inhibition</u>.

A combination of PD1 and CTLA4 antibodies has been shown to be more effective than either antibody alone in the treatment of a variety of cancers. The effects of the two antibodies do not appear to be redundant.[29][30][31] Anti-CTLA4 treatment leads to an enhanced antigen specific T cell dependent immune reaction while anti-PD-1 appears to reactivate CD8+T cells ability to lyse cancer cells.[32][33]

In clinical trials, combination therapy has been shown to be effective in reducing tumor size in patients that are unresponsive to single co-inhibitory blockade, despite increasing levels of toxicity due to anti-CTLA4 treatment.[34] A combination of PD1 and CTLA4 induced up to a ten-fold higher number of CD8+ T cells that are actively infiltrating the tumor tissue.[32] The authors hypothesized that the higher levels of CD8+ T cell infiltration was due to anti-CTLA-4 inhibited the conversion of CD4 T cells to T regulator cells and further reduced T regulatory suppression with anti-PD-1. This combination promoted a more robust inflammatory response to the tumor that reduced the size of the cancer. Most recently, the FDA has approved a combination therapy with both anti-CTLA4 (ipilimumab) and anti-PD1 (nivolumab) in October 2015.[35]

The molecular factors and receptors necessary making a tumor receptive to anti-PD1 treatment remains unknown. <u>PDL1</u> expression on the surface on cancer cells plays a significant role. PDL1 positive tumors were twice as likely to respond to combination treatment.[35][34] However patients with PDL1 negative tumors also have limited response to anti-PD1, demonstrating that PDL1 expression is not an absolute determinant of the effectiveness of therapy.[35]

Higher mutational burden in the tumor is correlated with a greater effect of the anti-PD-1 treatment. In clinical trials, patients who benefited from anti-PD1 treatment had cancers, such as melanoma, bladder cancer, and gastric cancer, that had a median higher average number of mutations than the patients who do did not respond to the therapy. However, the correlation between higher tumor burden and the clinical effectiveness of PD-1 immune blockade is still uncertain.[35]

Anti-PD-1 Therapeutics

It has been suggested that this section be <u>split</u> out into another article titled <u>PD-1 inhibitor</u>. (Discuss) (July 2017)

A number of cancer immunotherapy agents that target the PD-1 receptor have been developed.

One such anti-PD-1 antibody drug, <u>nivolumab</u>, (Opdivo - Bristol Myers Squibb), produced complete or partial responses in non-small-cell lung cancer, melanoma, and renal-cell cancer, in a clinical trial with a total of 296 patients.[<u>36</u>] Colon and pancreatic cancer did not have a response.

<u>Nivolumab</u> (Opdivo, Bristol-Myers Squibb), which also targets PD-1 receptors, was approved in Japan in July 2014 and by the US FDA in December 2014 to treat metastatic <u>melanoma</u>.

<u>Pembrolizumab</u> (Keytruda, MK-3475, Merck), which also targets PD-1 receptors, was approved by the FDA in Sept 2014 to treat metastatic <u>melanoma</u>. Pembrolizumab has been made accessible to advanced melanoma patients in the UK via UK Early Access to Medicines Scheme (EAMS) in March 2015. It is being used in clinical trials in the US for lung cancer, lymphoma, and mesothelioma. It has had measured success, with little side effects. It is up to the manufacturer of the drug to submit application

to the FDA for approval for use in these diseases. On October 2, 2015 Pembrolizumab was approved by FDA for advanced (metastatic) non-small cell lung cancer (NSCLC) patients whose disease has progressed after other treatments.[37]

Other drugs in early stage development targeting PD-1 receptors (<u>checkpoint inhibitors</u>) are <u>Pidilizumab</u> (CT-011, Cure Tech) and <u>BMS-936559</u> (Bristol Myers Squibb). Both <u>Atezolizumab</u> (MPDL3280A, Roche) and <u>Avelumab</u> (<u>Merck KGaA, Darmstadt, Germany</u> & <u>Pfizer</u>) target the similar PD-L1 receptor.

Animal studies

HIV

Drugs targeting PD-1 in combination with other negative immune checkpoint receptors, such as (<u>TIGIT</u>), may augment immune responses and/or facilitate <u>HIV</u> eradication.[<u>38]</u>[<u>39]</u> T lymphocytes exhibit elevated expression of PD-1 in cases of chronic HIV infection.[<u>40</u>] Heightened presence of the PD-1 receptors corresponds to exhaustion of the HIV specific CD8+ cytotoxic and CD4+ helper T cell populations that are vital in combating the virus. Immune blockade of PD-1 resulted in restoration of T cell inflammatory phenotype necessary to combat the progression of disease.[<u>40</u>]

Alzheimer's disease

Blocking of PD-1 leads to a reduction in cerebral amyloid- β plaques and improves cognitive performance in mice.[41] Immune blockade of PD-1 evoked an IFN- γ dependent immune response that recruited monocyte-derived macrophages to the brain that were then capable of clearing the amyloid- β plaques from the tissue. Repeated administrations with anti-PD-1 were found to be necessary to maintain the therapeutic effects of the treatment. Amyloid fibrils are immunosuppressive and this finding has been separately confirmed by examining the effects of the fibrils in neuroinflammatory diseases.[42][43][44] PD-1 counteracts the effects of the fibrils by boosting immune activity and triggering an immune pathway that allows for brain repair.[41]