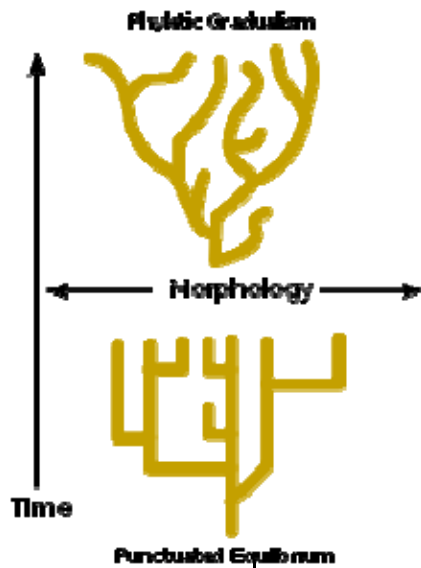


# Punctuated equilibrium

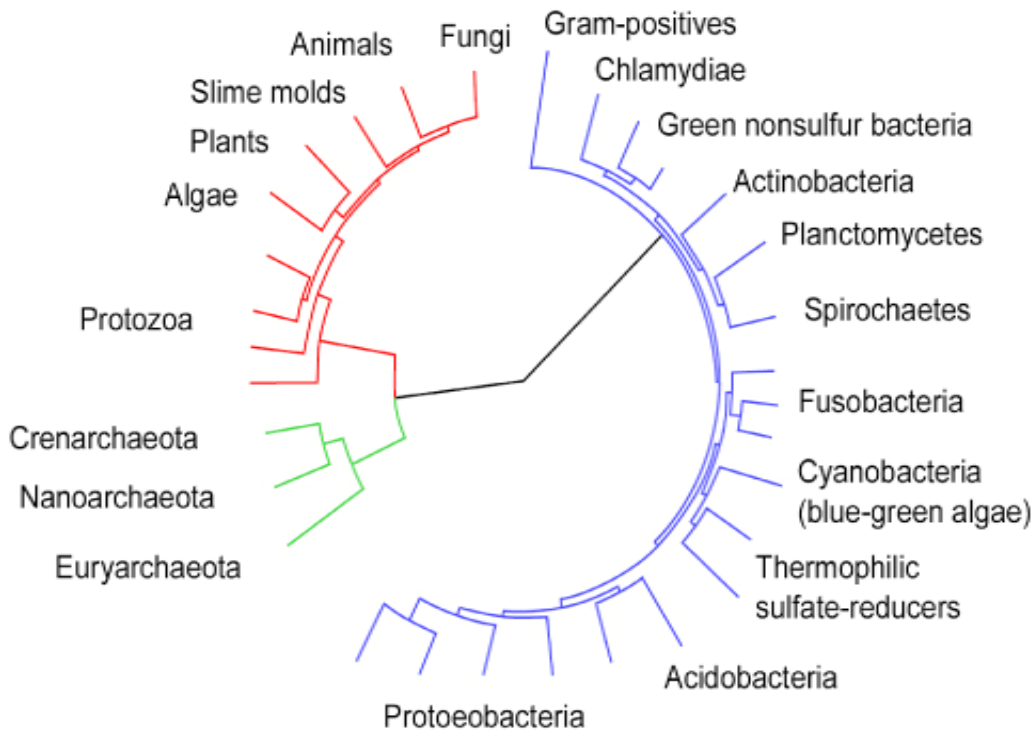
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**Punctuated equilibrium** (also called **punctuated equilibria**) is a theory in evolutionary biology which proposes that once species appear in the fossil record they will become stable, showing little net evolutionary change for most of their geological history. This state is called *stasis*. When significant evolutionary change occurs, the theory proposes that it is generally restricted to rare and geologically rapid events of branching speciation called cladogenesis. Cladogenesis is the process by which a species splits into two distinct species, rather than one species gradually transforming into another.<sup>[1]</sup> Punctuated equilibrium is commonly contrasted against phyletic gradualism, the belief that evolution generally occurs uniformly and by the steady and gradual transformation of whole lineages (called anagenesis). In this view, evolution is seen as generally smooth and continuous.

In 1972, paleontologists Niles Eldredge and Stephen Jay Gould published a landmark paper developing their theory and called it *punctuated equilibria*.<sup>[2]</sup> Their paper built upon Ernst Mayr's model of geographic speciation,<sup>[3]</sup> I. Michael Lerner's theories of developmental and genetic homeostasis,<sup>[4]</sup> as well as their own empirical research.<sup>[5][6]</sup> Eldredge and Gould proposed that the degree of gradualism commonly attributed to Charles Darwin is virtually nonexistent in the fossil record, and that stasis dominates the history of most fossil species.



Punctuated equilibrium, bottom, consists of morphological stability and rare bursts of evolutionary change



Diagrammatic representation of the divergence of modern taxonomic groups from their common ancestor

## History

Punctuated equilibrium originated as a logical extension of Ernst Mayr's concept of genetic revolutions by allopatric and especially peripatric speciation as applied to the fossil record. Although some of the basic workings of the theory were proposed and identified by Mayr in 1954,<sup>[3]</sup> historians of science generally recognize the 1972 paper by Niles Eldredge and Stephen Jay Gould as the foundation of the new paleobiological research program.<sup>[7][8][9]</sup> Punctuated equilibrium differs from Mayr's theory mainly in that Eldredge and Gould placed considerably greater emphasis on stasis, whereas Mayr was generally concerned with explaining the morphological discontinuity (or "sudden jumps")<sup>[10]</sup> found in the fossil record.<sup>[7]</sup> Mayr later complimented Eldredge and Gould's paper, stating that evolutionary stasis had been "unexpected by most evolutionary biologists" and that punctuated equilibrium "had a major impact on paleontology and evolutionary biology".<sup>[7]</sup>

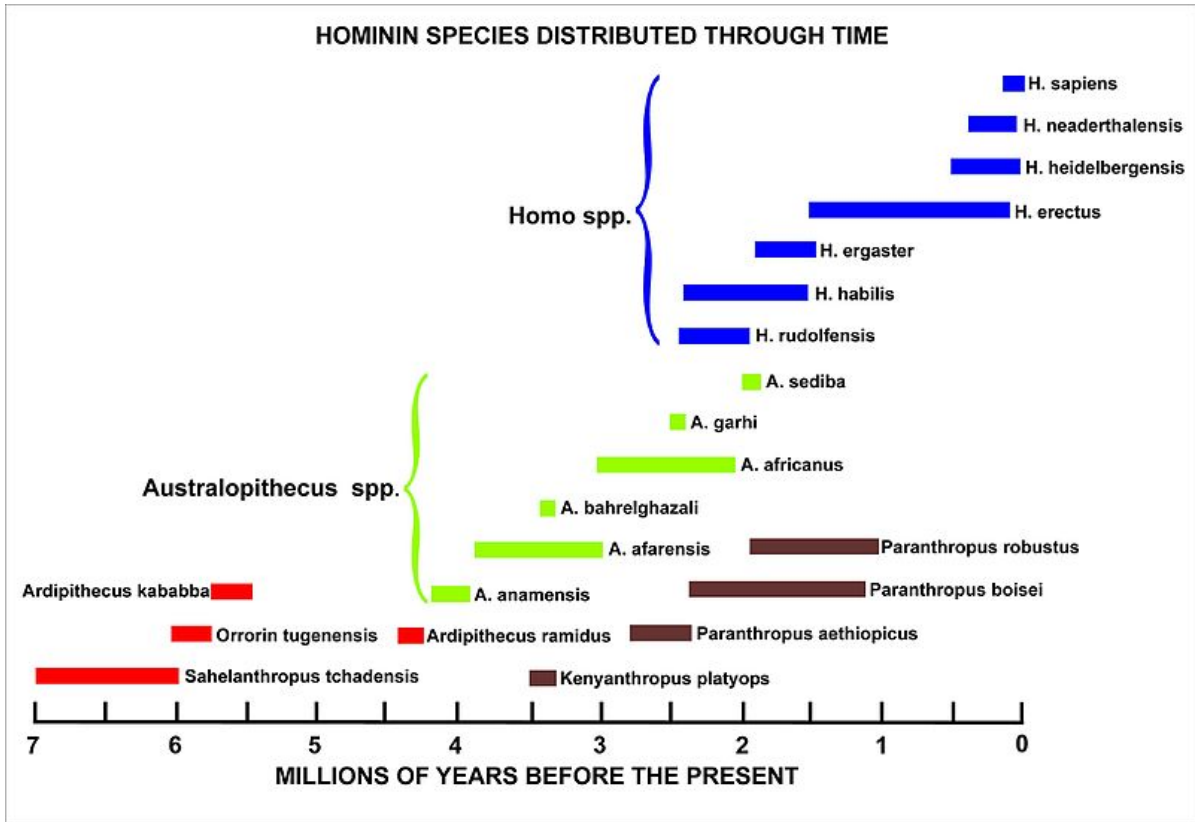
A year before their 1972 Eldredge and Gould paper, Niles Eldredge published a paper in the journal Evolution which suggested that gradual evolution was seldom seen in the fossil record and argued that Ernst Mayr's standard mechanism of allopatric speciation might suggest a possible resolution.<sup>[5]</sup>

The Eldredge and Gould paper was presented at the Annual Meeting of the Geological Society of America in 1971.<sup>[12]</sup> The symposium focused its attention on the possibility that modern microevolutionary studies could revitalize various aspects of paleontology and macroevolution. Tom Schopf, who organized that year's meeting, assigned Gould the topic of speciation. Gould recalls that "Eldredge's 1971 publication [on Paleozoic trilobites] had presented the only new and interesting ideas on the paleontological implications of the subject—so I asked Schopf if we could present the paper jointly."<sup>[11]</sup> According to Gould "the ideas came mostly from Niles, with yours truly acting as a sounding board and eventual scribe. I coined the term *punctuated equilibrium* and wrote most of our 1972 paper, but Niles is the proper first author in our pairing of Eldredge and Gould."<sup>[12]</sup> In his book *Time Frames* Eldredge recalls that after much discussion the pair "each wrote roughly half. Some of the parts that would seem obviously the work of one of us were actually first penned by the other—I remember for example, writing the section on Gould's snails. Other parts are harder to reconstruct. Gould edited the entire manuscript for better consistency. We sent it in, and Schopf reacted strongly against it—thus signaling the tenor of the reaction it has engendered, though for shifting reasons, down to the present day."<sup>[13]</sup>

John Wilkins and Gareth Nelson have argued that French architect Pierre Trémaux proposed an "anticipation of the theory of punctuated equilibrium of Gould and Eldredge."<sup>[14]</sup>

## **The fossil record**

The fossil record of an evolutionary progression typically consists of species that suddenly appear, and ultimately disappear, in many cases close to a million years later, without any change in external appearance.<sup>[15][16][17]</sup> Graphically, these fossil species are represented by horizontal lines, whose lengths depict how long each of them existed. The horizontality of the lines illustrates the unchanging appearance of each of the fossil species depicted on the graph. During each species' existence new species appear at random intervals, each also lasting many hundreds of thousands of years before disappearing without a change in appearance. The exact relatedness of these concurrent species is generally impossible to determine. This is illustrated in the following diagram depicting the evolution of modern humans from the time that the Hominins separated from the line that led to the evolution of our closest living primate relatives, the chimpanzees.



Distribution of Hominin species over time

For similar evolutionary time lines, showing the identical pattern of evolutionary change, see, for instance, the paleontological list of African dinosaurs, Asian dinosaurs, the Lampriformes and Amiiformes. (Note the different time scales in these different diagrams.)

## Theoretical mechanisms

### Punctuational change

When Eldredge and Gould published their 1972 paper, allopatric speciation was considered the "standard" model of speciation.<sup>[21]</sup> This model was popularized by Ernst Mayr in his 1954 paper "Change of genetic environment and evolution,"<sup>[31]</sup> and his classic volume *Animal Species and Evolution* (1963).<sup>[181]</sup>

Allopatric speciation suggests that species with large central populations are stabilized by their large volume and the process of gene flow. New and even beneficial mutations are diluted by the population's large size and are unable to reach fixation, due to such factors as constantly changing environments.<sup>[181]</sup> If this is the case, then the transformation of whole lineages should be rare, as the fossil record indicates. Smaller populations on the other hand, which are isolated from the parental stock, are decoupled from the

homogenizing effects of gene flow. In addition, pressure from natural selection is especially intense, as peripheral isolated populations exist at the outer edges of ecological tolerance. If most evolution happens in these rare instances of allopatric speciation then evidence of gradual evolution in the fossil record should be rare. This stimulating hypothesis was alluded to by Mayr in the closing paragraph of his 1954 paper (p. 179).

As time went on Gould moved away from wedging punctuated equilibrium to allopatric speciation, particularly as evidence accumulated in support of other modes of speciation.<sup>[19]</sup> Gould was particularly attracted to Douglas Futuyma's work on the importance of reproductive isolating mechanisms.<sup>[20]</sup>

Other biologists have also applied punctuated equilibrium to non-sexual species, including the evolution of viruses.<sup>[21]</sup>

## **Stasis**

Before Eldredge and Gould alerted their colleagues to the prominence of stasis in the fossil record, most evolutionists considered stasis to be rare or unimportant.<sup>[7][22][23]</sup> George Gaylord Simpson, for example, believed that phyletic gradual evolution (called *horotely* in his terminology) comprised "nine-tenths" (90%) of evolution.<sup>[24]</sup> Many hypotheses have been proposed to explain the putative causes of stasis. Gould was initially attracted to I. Michael Lerner's theories of developmental and genetic homeostasis. However this hypothesis was rejected over time,<sup>[25]</sup> as evidence accumulated against it.<sup>[26]</sup> Other plausible mechanisms which have been suggested include: habitat tracking,<sup>[27][28]</sup> stabilizing selection,<sup>[29]</sup> the Stenseth-Maynard Smith stability hypothesis,<sup>[30]</sup> constraints imposed by the nature of subdivided populations,<sup>[29]</sup> normalizing clade selection,<sup>[31]</sup> and koinophilia.<sup>[32][33]</sup>

Evidence for the existence of stasis has also been corroborated from the genetics of sibling species, species which are morphologically indistinguishable, but whose proteins have diverged sufficiently to suggest they have been separated for millions of years.<sup>[34]</sup> A paramount example of evolutionary stasis is the fern *Osmunda claytoniana*. Based on paleontological evidence it has remained unchanged, even at the level of fossilized nuclei and chromosomes, for at least 180 million years.<sup>[35]</sup>

According to Gould, "stasis may emerge as the theory's most important contribution to evolutionary science."<sup>[36]</sup> Philosopher Kim Sterelny adds, "In claiming that species typically undergo no further evolutionary change once speciation is complete, they are not claiming that there is no change at all between one generation and the next. Lineages do change. But the change between generations does not accumulate. Instead, over time, the species wobbles about its phenotypic mean. Jonathan Weiner's *The Beak of the Finch* describes this very process."<sup>[37]</sup>

The fossil record includes well documented examples of phyletic gradualism and punctuational evolution. As such, much debate persists over the prominence of stasis in the fossil record.<sup>[26]</sup>

## Hierarchical evolution

Punctuated equilibrium has also been cited as contributing to the hypothesis that species are Darwinian individuals, and not just classes, thereby providing a stronger framework for a hierarchical theory of evolution.

## Common misconceptions

Much confusion has arisen over what proponents of punctuated equilibrium actually argued, what mechanisms they advocated, how fast the punctuations were, what taxonomic scale their theory applied to, how revolutionary their claims were intended to be, and how punctuated equilibrium related to other ideas like quantum evolution, saltationism, and mass extinction.

## Saltationism

The punctuational nature of punctuated equilibrium has engendered perhaps the most confusion over Eldredge and Gould's theory. Gould's sympathetic treatment of Richard Goldschmidt,<sup>[38]</sup> the controversial geneticist who advocated the idea of "hopeful monsters," led some biologists to conclude that Gould's punctuations were occurring in single-generation jumps.<sup>[39][40][41][42]</sup> This interpretation has frequently been exploited by creationists to mischaracterize the weakness of the paleontological record, and to portray contemporary evolutionary biology as advancing neo-saltationism.<sup>[43]</sup> In an often quoted remark, Gould stated, "Since we proposed punctuated equilibria to explain trends, it is infuriating to be quoted again and again by creationists—whether through design or stupidity, I do not know—as admitting that the fossil record includes no transitional forms. Transitional forms are generally lacking at the species level, but they are abundant between larger groups."<sup>[44]</sup> Although there exist some debate over how long the punctuations last, supporters of punctuated equilibrium generally place the figure between 50,000 and 100,000 years.<sup>[45]</sup>

## Quantum evolution

Quantum evolution was a controversial hypothesis advanced by Columbia University paleontologist George Gaylord Simpson, who was regarded by Stephen Jay Gould as "the greatest and most biologically astute paleontologist of the twentieth century."<sup>[46]</sup> Simpson's conjecture was that according to the geological record, on very rare occasions evolution would proceed very rapidly to form entirely new families, orders, and classes of organisms.<sup>[47]</sup> This hypothesis differs from punctuated equilibrium in several respects. First, punctuated equilibrium was more modest in scope, in that it was addressing evolution specifically at the species level.<sup>[1]</sup> Simpson's idea was principally concerned with evolution at higher taxonomic groups.<sup>[47]</sup> Second, Eldredge and Gould relied upon a different mechanism. Where Simpson relied upon a synergistic interaction between genetic drift and a shift in the adaptive fitness landscape,<sup>[48]</sup> Eldredge and Gould relied upon ordinary speciation, particularly Ernst Mayr's concept of allopatric speciation.

Lastly, and perhaps most significantly, quantum evolution took no position on the issue of stasis. Although Simpson acknowledged the existence of stasis in what he called the bradytelic mode, he considered it (along with rapid evolution) to be unimportant in the larger scope of evolution. In his *Major Features of Evolution* Simpson stated, "Evolutionary change is so nearly the universal rule that a state of motion is, figuratively, normal in evolving populations. The state of rest, as in bradytely, is the exception and it seems that some restraint or force must be required to maintain it." Despite such differences between the two models, earlier critiques—from such eminent commentators as Sewall Wright as well as Simpson himself—have argued that punctuated equilibrium is little more than quantum evolution relabeled.<sup>[49][50]</sup>

## **Multiple meanings of gradualism**

Punctuated equilibrium is often portrayed to oppose the concept of gradualism, when it is actually a form of gradualism.<sup>[51]</sup> This is because even though evolutionary change appears instantaneous between geological sedimentary layers, change is still occurring incrementally, with no great change from one generation to the next. To this end, Gould later commented that "Most of our paleontological colleagues missed this insight because they had not studied evolutionary theory and either did not know about allopatric speciation or had not considered its translation to geological time. Our evolutionary colleagues also failed to grasp the implication(s), primarily because they did not think at geological scales".<sup>[12]</sup>

Richard Dawkins dedicated a chapter in *The Blind Watchmaker* to correcting, in his view, the wide confusion regarding *rates of change*. His first point is to argue that phyletic gradualism — understood in the sense that evolution proceeds at a single uniform rate of speed, called "constant speedism" by Dawkins — is a "caricature of Darwinism"<sup>[52]</sup> and "does not really exist."<sup>[53]</sup> His second argument, which follows from the first, is that once the caricature of "constant speedism" is dismissed, we are left with one logical alternative, which Dawkins terms "variable speedism." Variable speedism may also be distinguished one of two ways: "*discrete variable speedism*" and "*continuously variable speedism*." Eldredge and Gould, believing that evolution jumps between stability and relative rapidity, are described as "discrete variable speedists," and "in this respect they are genuinely radical."<sup>[54]</sup> They believe that evolution generally proceeds in bursts, or not at all. "Continuously variable speedists," on the other hand believe that "evolutionary rates fluctuate continuously from very fast to very slow and stop, with all intermediates. They see no particular reason to emphasize certain speeds more than others. In particular, stasis, to them, is just an extreme case of ultra-slow evolution. To a punctuationist, there is something very special about stasis."<sup>[55]</sup> Dawkins therefore commits himself here to an empirical claim about the geological record, in contrast to his earlier claim that "The paleontological evidence can be argued about, and I am not qualified to judge it."<sup>[56]</sup> It is this particular commitment that Eldredge and Gould have aimed to overturn.

## Criticism

Richard Dawkins believes that the apparent gaps represented in the fossil record document migratory events rather than evolutionary events. According to Dawkins, evolution certainly occurred but "probably gradually" elsewhere.<sup>[57]</sup> However, the punctuational equilibrium model may still be inferred from both the observation of stasis and examples of rapid and episodic speciation events documented in the fossil record.<sup>[58]</sup>

Dawkins also emphasizes that punctuated equilibrium has been "oversold by some journalists",<sup>[59]</sup> but partly due to Eldredge and Gould's "later writings".<sup>[60]</sup> Dawkins contends that the theory "does not deserve a particularly large measure of publicity".<sup>[61]</sup> It is a "minor gloss," an "interesting but minor wrinkle on the surface of neo-Darwinian theory," and "lies firmly within the neo-Darwinian synthesis".<sup>[62]</sup>

In his book *Darwin's Dangerous Idea*, philosopher Daniel Dennett is especially critical of Gould's presentation of punctuated equilibrium. Dennett argues that Gould alternated between revolutionary and conservative claims about the theory, and that each time Gould made a revolutionary statement—or appeared to do so—he was criticized, and thus retreated to a traditional neo-Darwinian position.<sup>[63]</sup> Gould responded to Dennett's claims in *The New York Review of Books*,<sup>[64]</sup> and in his technical volume *The Structure of Evolutionary Theory*.<sup>[65]</sup>

Literary scholar Heidi Scott argued that Gould's use of analogy and metaphor constitutes a non-scientific discourse attempting to validate a scientific hypothesis.<sup>[66]</sup> She claims that Gould—particularly in his popular essays—uses a variety of strategies from literature, political science, and personal anecdotes to substantiate the general pattern of punctuated equilibrium (long periods of stasis interrupted by rapid, catastrophic change). Gould responded that critics often made the mistake of confusing the context of discovery with the context of justification. While Gould is celebrated for the color and energy of his prose, as well as his interdisciplinary knowledge, critics such as Scott have concerns that the theory has gained undeserved credence among non-scientists because of Gould's rhetorical skills.<sup>[66]</sup>

John Lyne and Henry Howe, in a more positive evaluation, state that "re-analysis of existing fossil data has shown, to the increasing satisfaction of the paleontological community, that Eldredge and Gould were correct in identifying periods of evolutionary stasis which are interrupted by much shorter periods of evolutionary change."<sup>[67]</sup>

## Darwin's theory

The sudden appearance of most species in the geologic record and the lack of evidence of substantial gradual change in most species—from their initial appearance until their extinction—has long been noted, including by Charles Darwin who appealed to the imperfection of the record as the favored explanation.<sup>[68][69]</sup> When presenting his ideas against the prevailing influences of catastrophism and progressive creationism, which



envisaged species being supernaturally created at intervals, Darwin needed to forcefully stress the gradual nature of evolution in accordance with the gradualism promoted by his friend Charles Lyell. He privately expressed concern, noting in the margin of his 1844 *Essay*, "Better begin with this: If species really, after catastrophes, created in showers world over, my theory false."<sup>[70]</sup>

It is often incorrectly assumed that he insisted that the rate of change must be constant, or nearly so, but even the first edition of *On the Origin of Species* states that "Species of different genera and classes have not changed at the same rate, or in the same degree. In the oldest tertiary beds a few living shells may still be found in the midst of a multitude of extinct forms... The Silurian *Lingula* differs but little from the living species of this genus". *Lingula* is among the few brachiopods surviving today but also known from fossils over 500 million years old.<sup>[71]</sup> In the fourth edition (1866) of *On the Origin of Species* Darwin wrote that "the periods during which species have undergone modification, though long as measured in years, have probably been short in comparison with the periods during which they retain the same form."<sup>[72]</sup> Thus punctuationism in general is consistent with Darwin's conception of evolution.<sup>[70]</sup>

According to early versions of punctuated equilibrium, "peripheral isolates" are considered to be of critical importance for speciation. However, Darwin wrote, "*I can by no means agree ... that immigration and isolation are necessary elements.... Although isolation is of great importance in the production of new species, on the whole I am inclined to believe that largeness of area is still more important, especially for the production of species which shall prove capable of enduring for a long period, and of spreading widely.*"<sup>[73]</sup>

The importance of isolation in forming species had played a significant part in Darwin's early thinking, as shown in his *Essay* of 1844. But by the time he wrote the *Origin* he had downplayed its importance.<sup>[70]</sup> He explained the reasons for his revised view as follows:

Throughout a great and open area, not only will there be a greater chance of favourable variations, arising from the large number of individuals of the same species there supported, but the conditions of life are much more complex from the large number of already existing species; and if some of these species become modified and improved, others will have to be improved in a corresponding degree, or they will be exterminated. Each new form, also, as soon as it has been improved, will be able to spread over the open and continuous area, and will thus come into competition with many other forms ... the new forms produced on large areas, which have already been victorious over many competitors, will be those that will spread most widely, and will give rise to the greatest number of new varieties and species. They will thus play a more important role in the changing history of the organic world.<sup>[74]</sup>

Thus punctuated equilibrium contradicts some of Darwin's ideas regarding the specific mechanisms of evolution, but generally accords with Darwin's theory of evolution by natural selection.<sup>[70]</sup>

## Supplemental modes of rapid evolution

See also: [Rapid modes of evolution](#)

Recent work in [developmental biology](#) has identified dynamical and physical mechanisms of [tissue morphogenesis](#) that may underlie abrupt morphological transitions during evolution. Consequently, consideration of mechanisms of phylogenetic change that have been found in reality to be non-gradual is increasingly common in the field of [evolutionary developmental biology](#), particularly in studies of the origin of morphological novelty. A description of such mechanisms can be found in the multi-authored volume *Origination of Organismal Form* (MIT Press; 2003).

## Language change

See also: [Language change](#)

In linguistics, [R. M. W. Dixon](#) has proposed a punctuated equilibrium model for language histories,<sup>[75]</sup> with reference particularly to the prehistory of the [indigenous languages of Australia](#) and his objections to the proposed [Pama–Nyungan](#) language family there. Although his model has raised considerable interest, it does not command majority support within linguistics.

Separately, recent work using [computational phylogenetic](#) methods claims to show that punctuational bursts play an important factor when [languages split from one another](#), accounting for anywhere from 10 to 33% of the total divergence in vocabulary.<sup>[76]</sup> Note that punctuational bursts also occurs in mythology in even greater proportions.<sup>[77]</sup>